# Section 5 - Brain Test

# Instructions

# Which Side Are You On? Choose either “A” or “B” that most accurately describes you.

# 1. A. At home, my room has organized drawer and closets. I even try to organize other things

# around the house.

# B. At home, I like the "lived-in" look. I clean as I see a need and when I have the time.

# 2. A. My desk is usually clean and has everything in place.

# B. I leave my work out on my desk so I can work as I am inspired by ideas.

# 3. A. I like using the "tried and true" method.

# B. I like creating new methods.

# 4. A. I follow directions carefully when I build a model, make a craft, etc.

# B. I like to build a model my way, making my own creation.

# 5. A. I complete one project at a time.

# B. I like to start many different projects, but do not like to finish them.

# 6. When I am asked to write a report on a subject, I........

# A. research information, then outline and organize my writing.

# B. work in my own self-inspired direction.

# 7. When I had to do a project in class, I.....

# A. used my parents' ideas, a book's illustrated project or modeled another student's project who

# received an "A+" from my teacher.

# B. loved the challenge, and like a "mad scientist," I produced a unique project.

# 8. When I am in charge of a big job with many people working, I usually...

# A. organize, give everyone their responsibilities, make lists, and make sure everyone finishes their

# part on time.

# B. work at my own pace, let others work on the job as they want. I want to take care of

# needs/problems as they arise.

# 9. Which of these activities would you like to do the most?

# A. planning the details for a trip/project

# B. creating an original art form

# 10. I hate it when other people.....

# A. are indecisive about what activities to do when I am with them.

# B. plan activities in step-by-step detail when I am with them.

# Scoring the Left/Right Brain Test (brain image to displayed)

# Add the number of "A" responses.

# Write the sum here.\_\_\_\_\_\_

# Add the number of "B" responses.

# Write the sum here.\_\_\_\_\_\_

# If you have more "A" responses than "B" responses, then you are left-brained dominate.

# You are a right-brained person, your personality is likely characterized by creativity, intuition, and a holistic approach to problem-solving. Here are some common traits associated with individuals like you:

# Creative: You are often highly creative and imaginative, finding joy in artistic pursuits such as painting, music, or writing.

# Intuitive: You tend to rely on your intuition and gut feelings rather than strictly logical reasoning when making decisions.

# Holistic Thinking: You have a knack for seeing the big picture, often focusing on patterns and connections in information rather than getting lost in the details.

# Emotional Sensitivity: You are attuned to your own emotions as well as the feelings of others, leading to empathy and understanding in your relationships.

# Non-linear Thinking: Your thought process may be non-linear, allowing you to jump between different ideas and concepts in a fluid manner.

# Open-Mindedness: You are open to new experiences and ideas, embracing novelty and change with enthusiasm.

# Spontaneity: You may enjoy spontaneity and thrive in environments that allow for flexibility and creativity.

# Visual Thinking: You prefer visual learning and thinking, often relying heavily on mental imagery to understand and solve problems.

# Difficulty with Structure: You may struggle with rigid structures and routines, preferring environments that allow for freedom and exploration.

# Innovative: You often come up with novel solutions to problems and may excel in fields that require out-of-the-box thinking, such as design, advertising, or entrepreneurship.

# If you have more "B" responses than "A" responses, you are right-brain dominate.

# You are a left-brained person, your personality is characterized by your logical, analytical, and detail-oriented approach to life. You thrive in structured environments where you can apply your problem-solving skills and prefer tasks that have clear objectives and outcomes.

# Logical and Analytical Thinking: You tend to rely heavily on logic and analysis when approaching problems or making decisions. You are skilled at breaking down complex issues into smaller, more manageable components and then systematically evaluating each part to find solutions.

# Attention to Detail: You have a keen eye for detail and precision. You excel at noticing small discrepancies or inconsistencies and are often meticulous in your work. You prefer tasks that require accuracy and precision, such as data analysis or financial planning.

# Orderly and Organized: You thrive in structured and organized environments. You prefer to have a clear plan or framework to follow and may feel uncomfortable in situations that are chaotic or unpredictable. You are often methodical in your approach to tasks and tend to follow routines and schedules.

# Preference for Facts and Data: Facts, data, and evidence hold significant weight for you. You prefer to rely on tangible information rather than intuition or gut feelings when making decisions. You may be skeptical of ideas or concepts that cannot be supported by empirical evidence.

# Strong Problem-Solving Skills: You excel at problem-solving, especially in areas that require logical reasoning and critical thinking. You are adept at identifying patterns, recognizing cause-and-effect relationships, and finding efficient solutions to complex problems.

# Less Emphasis on Creativity: While you are certainly capable of creativity, you may not prioritize it as much as others. You may feel more comfortable with structured tasks that have clear guidelines and may struggle with open-ended or ambiguous situations.

# Prefer Concrete Outcomes: You tend to prefer tasks that have clear, tangible outcomes. You may be less interested in abstract or theoretical concepts and may gravitate towards fields or professions where you can see direct results from your efforts.